

Daffodil International School-EV

Class: IX/ X

Subject- English First paper

Food Adulteration

Man cannot live without food. It is essential for health and life. But this food must pure, clean and fresh. Nowadays foods are often adulterated. In hotels and restaurants, stale and rotten foods are mixed with fresh food and served to the customers. In order to look them fresh, chemicals and preservatives poisonous are mixed with fishes and vegetables. Bakery and confectionery products are also prepared by using toxic substances and thus they get adulterated. Junk food contains harmful chemicals. Even fruits, milk, and beverages are also adulterated.

In fact, dishonest and greedy businessmen and shopkeepers for quick and unearned profit adulterate all kinds of foods and food articles. Adulterated foods are a serious health hazard. They cause many fatal diseases and even death. Food adulteration has become an alarming problem in our country. Dealing with adulterated food is a great crime. The criminals have to be identified and punished. Public awareness should be created so that they become careful about buying foods and food articles.

People should see to it that dishonest and greedy food dealers are looked down upon in society. The relevant departments of the government should remain ever vigilant against adulteration and gear up their activities. It is encouraging that our government has taken appropriate measures to remove this problem, punish the criminals, and save the people from this dreadful scourge.